

SPRING 2023 Connecting

A newsletter for the friends and supporters of L.A. CADA



Nearly 2000 Area High School Students Received National Drug & Alcohol Facts Week Presentations

By Angelmarie Kendall, Administrative Assistant, Crystal Gonzalez, Health Educator, and Janet Guzman, Health Educator

#KnowTheFacts! March 20-26 was **National Drugs and Alcohol Facts Week**. Each year, this week is dedicated to learning and sharing the facts about drugs, alcohol, and addiction in our community in order to inspire dialogue about these topics. The **L.A. CADA Youth and Family Services Department** used this week to motivate youth to stay **"ABOVE THE INFLUENCE,"** our chosen slogan for the week.

We kicked off the first part of the week by attending local schools to present relative topics, such as *"The Dangers of Vaping,"* *"What Parents Need to Know about Addiction,"* and *"How Alcohol Affects the Brain,"* to educate more than 2,000 students. Throughout the week, the mantra **"If You See Something, Say Something"** was emphasized. The ultimate objective was for pupils to attend school daily in a secure setting. L.A. CADA's health educators received much appreciated feedback from administrators. The **El Rancho Unified School District (ERUSD)** administrator expressed, "Our students need to know this information, and we are grateful to have you here as experts teaching our kids." We would like to thank the administration for allowing our team to visit their campus and inform the students about the harmful effects of substance misuse.

Teen vaping has grown in popularity over the past years, leaving schools facing this epidemic among their students. Many school districts in Los Angeles County reported the challenges of students obtaining access to vapes and bringing them on to school grounds, risking the health and safety of other students. In response to the rise in vape use among middle and high school students, El Rancho Unified School District assigned over 20 School Safety Officers (SSO) to attend a vape presentation hosted by **Janet Guzman**, L.A. CADA Health Educator. In the vaping presentation, topics included: *"Prevalence Among Adolescents,"* *"Health Consequences"* *"Warning Signs that an Adolescent is Using Substances,"* *"Where Adolescents Gain Access to Vapes,"* *"Where Students May Hide Vapes on School Grounds,"* *"Social Media Impact,"* and *"Legal Consequences of Underage Substance Use."* According to **El Rancho Unified School Police Officer Johnny Dominguez**, many students are making it difficult for school personnel to identify vape use, due to coding language, packaging, and other factors. Officer Dominguez continued, "The L.A. CADA vape presentation was highly educational and necessary for our SSOs. We will continue to make these efforts to ensure students are safe on campus."



L.A. CADA Youth and Family Services Department staff.

The team ended the week with a bang by hosting a free **Resource Fair** at the Youth and Family Services Department. This event was open to the community, and there were dozens of community partners in attendance sharing important facts for youth and their families to know.

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A message from
JUAN NAVARRO
Chief Executive Officer, L.A. CADA

Friends of L.A. CADA,

L.A. County, and much of America, is riding what's called *the fourth wave* of the drug overdose crisis. I'd like to share some news about what Los Angeles Centers for Alcohol and Drug Abuse is doing to help.

After the cocaine overdose epidemic of the 90s, the drug of choice shifted to misuse of prescription opioids in the aughts (2000-2009), then to heroin and illicit fentanyl in 2016. Today, our community is struggling with fentanyl used in combination with stimulants and other synthetic drugs.

By now, we all know that fentanyl is a synthetic (manufactured) opioid that's much stronger than heroin. The problem with fentanyl is that it has a shorter half-life than other drugs – half-life of a drug is the time it takes for the amount in our bodies to reduce by half. Fentanyl's shorter half-life means that people inject more to maintain the high.

When the existing overdose epidemic merged with the COVID-19 pandemic, a monster was created, and we're still not over it. Counterfeit drugs, isolation, and anxiety increased local mortality, especially among people of color and those experiencing homelessness.

L.A. CADA was fortunate to receive a SAMHSA grant to deliver Medication-Assisted Treatment (MAT) in 2018, together with a youth opioid treatment grant in 2019, and multiple grants to deliver telehealth services during the pandemic. We've also had large supplies of Naloxone, the overdose reversal drug, to provide to patients at risk and their family members. The perfect timing allowed our agency to address the fentanyl epidemic here in L.A. County. The National Institute on Drug Abuse (NIDA) strongly supports the use of MAT -- studies have demonstrated that it decreases opioid use, opioid-related overdose deaths, criminal activity, and the transmission of infectious disease. In addition, MAT improves social functioning and that all-important retention in treatment.

The war on overdose is far from over, but L.A. County publicly funded treatment agencies are here in the trenches, working to fight it. Let us know if you need help.

Sincerely,

Juan Navarro

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Hardworking volunteers, community members, staff, and family members taking a well-earned break!

“LOVE WHITTIER” Event Breathes New Life into Alice’s House Grounds

By Lawrence Fernandez, Program Manager for HISTORIAS, LGBTQIA+ Services, and HIV Programs

On Saturday, March 25, the annual “LOVE WHITTIER” event took place, bringing together community members and volunteers to beautify and rejuvenate the grounds of Alice’s House. Hosted by **Mona Hemphill** and **Sarah Verde**, the event saw more than 50 volunteers, 15 residents, and six staff members coming together for a common cause.

The event took place from 9:00 am to 11:00 am and was supported by the local **Whittier Area Community Church (WAAC)**. The volunteers worked diligently to harvest the garden areas, prune trees and shrubs, and clean up the grass ways surrounding Alice’s House. Their hard work and dedication made a visible impact on the environment, creating a more inviting and well-maintained space for the residents and staff to enjoy.

To show their appreciation, participants were treated to a well-deserved, catered lunch after the event. **Mr. Lawrence Fernandez**, who came to show additional L.A. CADA support, contributed to the raffle prizes awarded to lucky random winners in attendance.

The “LOVE WHITTIER” event exemplifies the power of community engagement and volunteerism. With a collective effort, the volunteers were able to breathe new life into the grounds of Alice’s House, making it a more vibrant and welcoming space for everyone. Events like this foster a sense of belonging and pride in one’s community and encourage others to take part in similar initiatives.

The success of the “LOVE WHITTIER” event is a testament to the dedication and passion of its organizers, volunteers, and the community. As a result, Alice’s House will continue to serve as a shining example of what can be achieved when people come together to support their community.



"Give back, make meaning out of all this."

By Caryl Lark. Clinical Manager

Gilbert was admitted to **Safe Haven** as a referral from a 5150 hold at a psychiatric hospital for suicidal thoughts with plans to act on them. Safe Haven is a short-term crisis residential program for persons who have a diagnosis of a severe mental illness; in Gilbert's case, this was major depression and PTSD. Safe Haven's goal is to further stabilize the clients, assist them in rebuilding a foundation on which to stand, and secure ongoing resources, such as housing, a mental health provider, identification, benefits, etc. These are the goals on paper; the unstated goals are to love them without judgment and make them feel safe and heard.

When Gilbert first arrived, he was quiet, withdrawn, and clearly very sad and full of remorse and regret – all understandable, given how his life had unfolded. When he was 13, he joined a gang. He stated, "I'm short, was always bullied in school, and one day – I'll never forget his name – Marcelino, a big guy, hit me on the shoulder and demanded my lunch money." I was scared, but a friend of my older brother, a gang member, saw the whole thing, and broke it up. He told him that he would have to answer to him if he ever laid a hand on me. I was hooked."

"I had always been a loner – my father told me I would never amount to anything – he was a Vietnam vet and the war never left him. My dad beat me up, beat all of us up. I used to be scared of everything. The day I was 'jumped in,' I felt like King of the World. My homies got respect, got the girls, and treated me like family. I wasn't a loner anymore."

Gilbert shared there was a foreshadowing on that day, when one of the gang members said, "Welcome to our nightmare," but that came later. He stated he always

knew the difference between right and wrong but was "a good soldier." Shortly after, he was arrested as an accessory to a murder that he had knowledge of but in which he had not participated. He was faced with being tried as an adult, but a Judge "had faith in me, and I was sent to Juvenile Hall," where he met **Father Gregory Boyle** from **Home Boys**. He said, "I prayed with Father G. and worked for Home Boys for a while. I always knew God was with me, I just wasn't with God."

All total, Gilbert recites 32 arrests, not all of them for new offenses. The longest jail term he served was for 9 years and 8 months, for a crime he didn't do, although he acknowledges he did plenty of crimes he got away with. His three biggest regrets: 1) his father died one year before he was released from prison and he couldn't be with him; 2) he jumped an 18-year-old into his gang, gave him a jersey, and within minutes of walking away, "the kid was shot dead; his blood is on my hands;" and 3) "My daughters grew up without me."

Today, Gilbert identifies himself as a "loving father and they love me back – a 22-year-old, 16-year-old twins, and a 14-year-old – all girls." As he said this, his eyes lit up, and he had a big smile on his face. His goal is to "Give back, make meaning out of all this." He wants to be a Youth Counselor in Gang Diversion and share his experience, strength, and hope. He said, "I guess God isn't finished with me yet."

Before ending this interview, Gilbert said, "Can I say something about Safe Haven?" He went on to say, "I couldn't see what was in me until Safe Haven saw it in me – the awesome staff really do care about us, treated me so kindly, helped me remove the shadows."



L.A. CADA Raises Awareness at Santa Fe Springs Art Festival

By Priscilla Rodriguez, Community Relations Associate

On April 27th and 28th, L.A. CADA participated in the **Santa Fe Springs Art Festival** which took place at the **Santa Fe Springs Civic Center**, and featured over 50 artists, food vendors, live music, and children's activities. L.A. CADA set up two booths to showcase their mission and engage with festival-goers.



The Pour Paint activity, hosted by Wilmer Davalillo, was fun for all.

The booths displayed information about L.A. CADA's programs and services, including their residential and outpatient treatment programs, prevention education, and support services for families affected by substance abuse. Staff members distributed promotional items and educational materials to visitors. A highlight of the event was the Pour Paint ac-

tivity, hosted by **Wilmer Davalillo**, one of L.A. CADA's staff members. This attracted over 50 participants, who had the opportunity to express their creativity and engage with L.A. CADA staff.

The Art Festival presented an excellent opportunity for L.A. CADA to further establish relationships with community members. The agency was able to network with local artists, business owners, and community leaders who share a commitment to improving the lives of individuals and families affected by substance misuse. By participating in the festival, L.A. CADA demonstrated its dedication to creating a supportive and healthy community for all residents.



(l-r) Art Award recipient, Senator Bob Archuleta, and Heritage Arts Committee Chair Gabriel Jimenez.

Prior to the festival, L.A. CADA held an **Art Contest** that invited alumni, residents, and patients to express themselves through their art. The contest showcased the talents of L.A. CADA clients and highlighted the importance of creativity and self-expression in the recovery process.

In addition to raising awareness about its mission, the Santa Fe Springs Art Festival provided L.A. CADA with a platform for networking with other organizations and community members who may be interested in partnering in the future. Through these collaborations, L.A. CADA hopes to expand its reach and provide even more resources and support to individuals and families affected by substance misuse.

L.A. CADA would like to express its gratitude to the **Heritage Arts Committee**, **Santa Fe Springs City Council**, and the entire city staff for hosting such a successful and engaging event. By working together, L.A. CADA and the Santa Fe Springs community are taking important steps towards building a healthier, more supportive community.

Our heartfelt appreciation goes out to staff who contributed to the success of the booth, including **Gilbert Vasquez**, **Maynor Diaz**, **Kassandra Molina**, **Nolan Ross Samé-Weil**, and **Priscilla Rodriguez**.



(l-r) Maynor Diaz, Gilbert Vasquez, Santa Fe Springs Council Member Annette Rodriguez, and Wilmer Davalillo.



(l-r) Santa Fe Springs Mayor Pro Tem Jay Sarno, Council Member Bill Rounds, Mayor Juanita Martin, Council Member Annette Rodriguez, and Council Member Joe Angel Zamora.



Abel Beltran, center, with Long Beach Outpatient and Community Services Center staff.

OVERCOMING ADDICTION:

The Inspiring Journey of Abel Beltran

By Michael Rubio, Long Beach Outpatient Program Manager

The journey to recovery from addiction can be a long and arduous one. It takes courage, determination, and a lot of hard work to overcome the physical and emotional challenges that come with addiction. But with the right support and resources, it is possible to overcome even the toughest of obstacles.

One shining example of this is **Abel Beltran**, a former patient of L.A. CADA's **Allen House**, who has achieved remarkable success in his journey towards recovery. Abel began his treatment at Allen House back in April of 2021. He completed residential treatment and stepped down to **Long Beach Outpatient and Community Services Center** in June of 2021. Since then, he has made tremendous progress in his recovery, and the center is proud to recognize him for his amazing achievements.

When Abel first enrolled in the program, he was facing pending legal and DCFS cases. However, with the support of the center's staff and the resources they provided, Abel was able to overcome these obstacles and achieve significant milestones in his recovery. He completed probation, reunited with his daughter, and became independent, all while maintaining his sobriety and remaining active in the program.

Abel's success is a testament to the power of determination, hard work, and the support of a strong community. As a single father, he takes care of his daughter and works a full-time job to provide for her. Despite these challenges, he has remained committed to his recovery and has completed the entire continuum of care. He has also remained in aftercare since November of 2021, recognizing the need for ongoing support and advocacy for it.

Abel's story is inspiring, and it shows that recovery is possible, no matter how difficult the circumstances may seem. It takes courage to admit that you need help, and even more courage to follow through with the hard work that comes with recovery. But with the support of organizations like the Long Beach Outpatient and Community Services Center, it is possible to achieve amazing things and transform your life.

In Abel's words, "My life has been a complete 180° change. I thought I'd lost something, but gained everything through this process of recovery and treatment." We are so proud of Abel and his achievements, and we hope that his story will inspire others to seek the help and support they need to overcome addiction and achieve their own goals.

Please help us make a difference in the lives of those we serve!



Our essential services remain critical as we continue to provide assistance through compassion, perseverance, and respect to those who are most vulnerable.

**PLEASE BE PART OF OUR MISSION
BY DONATING TODAY!**

Scan the QR code, visit www.lacada.com,
or contact Priscilla Rodriguez
at prodriguez@lacada.com or phone (562) 777-7500.



Thank you!

The Importance of Teen Dating Violence Awareness Workshops

By Angelmarie Kendall, Administrative Assistant

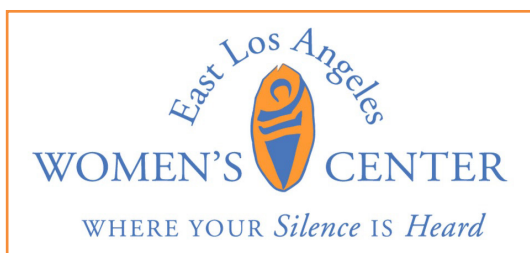
In February, L.A. CADA's Youth and Family Services Department took time to educate and raise awareness on the issue of teen dating violence. According to the CDC, one in twelve teens has experienced it. For this reason, we hosted workshops on topics such as: "What a Healthy Relationship Looks Like," "How to Build a Healthy Relationship," and "What are the Warning Signs of a Violent Relationship?"

The workshops were divided among three age groups: youth, young adults, and parents. We were fortunate to have the **East Los Angeles Women's Center**, an organization that advocates for women's safety, health, and personal well-being, present the chosen topics. "Violence does not discriminate," stated one of the speakers as she asked the audience what they believed was a violent relationship.

The attendees were heavily engaged in the open conversations, and many gave their personal experiences about their dating life. One teen stated, "My ex-boyfriend would guilt-trip me into sharing my location with him so that he knew where I was at all times."

The presenters stressed the importance of identifying the warning signs of a violent relationship, and stalking is one of them. Parents were especially interested in hearing the facts about teen dating violence and what they could do to protect their children.

All in all, the workshops delivered the information the audiences needed to hear regarding teen dating violence. Afterwards in the hallways, parents were asking their kids questions about what they learned. The L.A. CADA team is honored to educate the community on such topics.



The Youth Workshop sharing information about what a healthy relationship should look like.



The Young Adult Workshop presenting tips and answering questions about how to build a healthy relationship.



The Parent Workshop addressing concerns about what to look out for when their teens are in relationships.

Long Beach Outpatient and Community Services Center Hosts Second Annual “Easter Eggstravaganza”

By Michael Rubio, Long Beach Outpatient Program Manager

L.A. CADA's Long Beach Outpatient and Community Services Center recently hosted its second annual **Easter Eggstravaganza** for its patients and their families. The event was organized in collaboration with **Sober Babes Club** and **The Phoenix Rising**, and was designed to bring together individuals in recovery and their loved ones for a day of fun, fellowship, and celebration.

The event was held in a safe and wholesome environment, providing a space for patients and their families to celebrate the benefits of recovery together. The day began with food and refreshments, allowing attendees to socialize and connect with one another. Activities such as basket decorating and an Easter egg hunt were also provided, with prizes awarded to those who participated.

The Eggstravaganza was a great success, providing patients and their families with a sense of community and support. It was an opportunity for individuals in recovery to celebrate their progress and connect with others who are on the same journey.



this event, and they plan to continue hosting it each Easter in the Long Beach area. The Easter Eggstravaganza is just one of the many ways that L.A. CADA is working to support individuals in their recovery journey. With a focus on community, fellowship, and support, L.A. CADA is helping patients build a strong foundation for lifelong recovery.

In conclusion, the Easter Eggstravaganza is a powerful reminder of the importance of community and support in the recovery process. By bringing individuals in recovery together with their loved ones, L.A. CADA is creating a space for celebration, connection, and hope. As the center continues to grow and expand its services, events like this one will undoubtedly play an important role in helping individuals on their journey to lasting recovery.



The event concluded with a powerful speech from **L.A. CADA Chief Operating Officer Bill Tarkanian**, who shared his experience, strength, and hope with patients and staff alike. This message of hope and perseverance was an inspiration to all who attended, reminding them of the importance of staying committed to their recovery journey.

This is the second year that L.A. CADA has organized



(l-r) Bill Tarkanian, L.A. CADA Chief Operating Officer; Micheal Rubio, Program Director, Long Beach Outpatient and Community Service Center; and Kaitlin Hedge, Program Coordinator, Long Beach Outpatient and Community Service Center.

Some of those community partners included CHP of Santa Fe Springs, AltaMed, Helpline Youth Counseling (HYC), Core Center, Los Angeles County Office of Education (LA-COE), and Soledad Enrichment Action (SEA).



Narcan training in the front lobby of the Youth and Family Services Department.

More than 100 people attended the Resource Fair, and there was free food, entertainment, and raffle prizes available to all. In the lobby, our **MAT Team** provided valuable 15-minute Narcan trainings and gave free Narcan to those who completed the training.

We appreciate all the L.A. CADA staff and community members who made this event possible by going into the field during the week to deliver presentations and do tabling—one of the best ways to educate and encourage people to take action. It is because of you that we are able to get these #FACTS out into the community.

“Everyone has inside them a piece of good news. The good news is you don’t know how great you can be! How much you can love! What you can accomplish!

And what your potential is!”

— Anne Frank

Advocating at State Capital for Mental Health Support in Schools

By Lawrence Fernandez, Program Manager for HISTORIAS, LGBTQ Services, and HIV Programs

Lawrence Fernandez, representative of Los Angeles Centers for Alcohol and Drug Abuse, joined forces with community partners, **United Parents and Parents and Caregivers for Wellness**, to advocate for improved mental health support in schools. The group gathered at the State Capital to meet with elected officials and discuss the urgent need for the passage of **SB509**, a bill that aims to enhance mental health and substance use disorder services in educational institutions.

SB509, if passed, will require the **Department of Education** to ensure that at least 75 percent

of classified and certified employees on school campuses complete an evidence-based behavioral health training program. The goal of this training is to equip school staff with the necessary knowledge



and skills to identify early signs of mental illness or substance use disorders in students, and provide appropriate referrals to mental health services, substance use disorder services, or other support services.

The partnership between L.A. CADA, United Parents, and Parents and Caregivers for Wellness, highlights the shared concern for children dealing with mental health issues and the necessity for a comprehensive approach to addressing these problems within schools. By working together, these organizations aim to create a strong support network for parents, caregivers, and students, while promoting the importance of mental health education among school employees.

During the meeting at the State Capital, advocates emphasized the importance of early intervention in preventing the escalation of mental health issue, and the potential consequences of untreated mental illness or substance use disorders. They stressed the need for better training and resources to help school staff effectively recognize and respond to warning signs in students.

The passage of SB509 would mark a significant step forward in addressing the mental health crisis among youth, ensuring that schools are better equipped to provide the necessary support to students in need. The collaboration between L. A. CADA, United Parents, and Parents and Caregivers for Wellness showcases the power of community partnerships in driving positive change and advocating for the well-being of our children.

Ask Dr. Holmes...

Dr. Randy Holmes is Board Certified in Addiction Medicine and Family Medicine, and is on the staff at PIH Health. He also serves as Chair of the California Society of Addiction Medicine (CSAM), and is a Public Policy Committee member of the American Society of Addiction Medicine (ASAM).



Dr. Holmes is pleased to answer drug-related questions and post them for readers of this newsletter. Questions may be emailed to administration@lacada.com.

Q: *I've been in recovery for four months and on a medication for my opiate addiction. How long do I have to stay on the medication? –Hesitant about meds*

A: We have been using medications to help people with Substance Use Disorders (SUDs), including opiates, alcohol, and meth, for many years. The first medications, such as methadone and disulfiram, have been in use for over 50 years. Medications can help individuals with cravings and withdrawal symptoms that would otherwise trigger a relapse to drinking or drug use. The medications are safe for long term use, and we care for people who have been using these medications for many years.

We often hear from our patients that they do not want to be on a medication, or that if they go on a medication they want to be off as soon as possible. There is a misunderstanding among many in early recovery that being on a medication means you

are “not really clean and sober.” This is not true, and we spend time talking to people about the use of medications for people in recovery.

Remember that AA was co-founded by a doctor and the AA literature states that using medication under a doctor's direction is an “outside issue” and does not impact one's recovery status. We know that there are many people in various recovery groups that have differing opinions on whether you can claim to be active in their group and be on medications. Our opinion is that medications foster and improve recovery and should be encouraged in most people.

There have been a number of scientific studies looking at the upsides and downsides of Medication Assisted Treatment (MAT). The overwhelming results of these studies show that people can stay off alcohol and drugs much better with the use of medications. When people who are on these medications stop, they are highly likely to relapse. With the increasing danger of fentanyl in the drug supply, these medications offer our best chance to reduce overdose deaths. We tell our patients that they should stay on these medications as long as possible. It can take years to rebuild and create a life in recovery. Relationships need to be mended, jobs, legal issues, and health problems often take time to get better. These medications buy our patients time, free from cravings, so that they can heal and begin to give back to their communities. Their decision to stay on medications is a personal and private choice. We are here to support and encourage all in their recovery journey.

FREE HIV Testing

If you are between the ages of 13–18, live in the community, and want to take advantage of our **FREE HIV Testing**, visit us at our outpatient facility at **11015 BLOOMFIELD AVE, SANTA FE SPRINGS, ANY FRIDAY 3:00 pm – 5:00 pm**

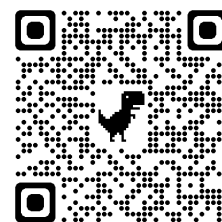
Need more information?

Call a Health Educator at (562) 348.0083.

Call the Testing Location at (562) 906.2676.



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by scanning the QR code below:



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Los Angeles Centers for Alcohol and Drug Abuse

Administrative Offices

12070 Telegraph Road, Suite 207
Santa Fe Springs, CA 90670
562.777.7500

Alice's House

Residential Treatment Center

14100 Glengyle Street
Whittier, CA 90604
562.777.1222

Allen House

Residential Treatment Center

11111 Bloomfield Avenue
Santa Fe Springs, CA 90670
562.906.2685

Community Prison Mother Program (CPMP)

10425 Painter Avenue
Santa Fe Springs, CA 90670
562.273.0082

Custody to Community Transitional Reentry Program (CCTRP)

11121 Bloomfield Avenue
Santa Fe Springs, CA 90670
562.236.9390

Nuestra Casa

Residential Treatment Center

8921 California Avenue
South Gate, CA 90280
323.487.5002

Safe Haven

12580 Lakeland Road
Santa Fe Springs, CA 90670
562.210.5751

Downtown Outpatient and HIV Services Center

470 E. 3rd Street, Suites A & B
Los Angeles, CA 90013
213.626.6411

Downtown Outpatient

307 Central Avenue
Los Angeles, CA 90013
213.372.5233

Hollywood HIV Services Center

6838 Sunset Boulevard
Los Angeles, CA 90028
323.461.3161 Ext. 3818

Long Beach Outpatient and Community Services Center

5861 Cherry Avenue
Long Beach, CA 90805
562.676.4259

Santa Fe Springs Outpatient and Community Services / CENS

11015 Bloomfield Avenue
Santa Fe Springs, CA 90670
562.906.2676
Wellness Center: 1.844.804.WELL
CENS: 1.844.804.SPA7

Walnut Office

221 E. Walnut Street, Suite 120
Pasadena, CA 91101
626.314.2818

Youth and Family Services

10210 Orr and Day Road, Suite B
Santa Fe Springs, CA 90670
562.348.0083

4th Street Field Based Outpatient

1401 E. Fourth Street, Unit A
Long Beach, CA 90802
562.606.2664

Alhambra Cottages (RBH)*

2800 W. Valley Boulevard
Alhambra, CA 91280
626.537.1886

Carson (RBH)*

5245 E. Carson Street
Long Beach, CA 90808
562.982.4018

Casa Consuelo (RBH)*

11500 Painter Avenue
Whittier, CA 90605
562.777.0119

Casa Del Corazon (RBH)*

5379 Whittier Boulevard
Los Angeles, CA 90022
323.213.3113

Elm Street (RBH)*

2179 Elm Avenue
Long Beach, CA 90806
424.290.9719

Heart House (RBH)*

90 S. Meridith Avenue
Pasadena, CA 91106
626.529.5840

Inez House (RBH)*

12212 Inez Street
Whittier, CA 90605
562.944.0244

L.A. Mission (RBH)*

303 E. 5th Street
Los Angeles, CA 90013
213.691.1227

START House (RBH)*

2079 El Molino Avenue
Altadena, CA 91001
626.421-6311



** Recovery Bridge Housing*

**Los Angeles Centers for Alcohol and Drug Abuse serves the multicultural community
of Santa Fe Springs, including cities throughout Los Angeles County.**

... OUR MISSION ...

is to save lives, unite families, and protect the community through addiction counseling and healthy living education.

... OUR VISION ...

is to enhance the educational and economic well-being of the people we serve
by means of direct human services, advocacy, and referrals.

... OUR VALUES ...

are to embrace the empowerment of people through compassion, perseverance and respect.
We are able to provide a wide range of services thanks to a collaborative approach compatible
with healthy communities, dedicated partners, and unique foundations.



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Instagram [@l.a.cada](https://www.instagram.com/l.a.cada)

Coming up:



L.A. CADA is taking part in this year's **Long Beach Gives**, a citywide, web-based initiative aimed at raising awareness and fostering community support for local nonprofits in Long Beach. The Early Giving period commences on September 14, and the Event concludes on September 21. **Mark Your Calendar and consider contributing to our cause during this time.**

Thank you!



L.A. CADA's Sustaining Partners

By Nolan Ross, Director of Development

The Los Angeles Centers for Alcohol and Drug Abuse is delighted to take this opportunity to extend our sincerest gratitude to our sustaining partners, who have been instrumental in helping us to make much-needed repairs and improvements to our agency. Their unwavering support has enabled us to continue our mission, vision, and values to make a positive impact on our community.

Thanks to our sustaining partners, we have been able to undertake repairs and improvements to our facilities, ensuring that they are safe, accessible, and fully equipped to support our operations. We appreciate their commitment to our cause and the trust they have placed in us. Without their support, we would not be able to achieve the success we have today.

We would like to express our heartfelt thanks to our sustaining partners for their continued partnership. We are excited about the future and look forward to working with them to continue making improvements that will benefit our community.

Once again, thank you for your generosity and dedication.

If you would like more information on how to become a sustaining partner or donate to L.A. CADA please contact Nolan Ross Samé-Weil, Director of Development, at nsameweil@lacada.com or (562) 777-7500.

SUSTAINING PARTNERS

(in alpha order by last name)

- Diana Acosta
- Bambi Adams-Hacegaba
- Marina Angulo
- Crystal Araiza
- Dakota Brown
- Keith Chung
- Francisco Condado
- Mary Cueva
- Genesis Parada
- Maggie Egnew
- Gustavo Flores
- Beatris Fuerte
- Ken Haas
- Ronald Harper
- Jason McCuller
- George Mikhael
- Cassandra Molina
- Jeanette Morales
- Bobby Martinez
- Caryl Lark
- Juan Navarro
- Richard Paige
- Nidia Pena
- P. Monique Portillo
- Maria Razo
- Edwin Reyes
- Nolan Ross Samé-Weil
- Edgar Salas
- Elisa Sandoval
- Heather Stephens
- Priscilla Rodriguez
- Damonté Watson